Adiantum Maidenhair ferns range from very tender tropicals to species that grow in Alaska. A couple types are fine here with adequate moisture. capillis-veneris Southern maidenhair Hardy outdoor maidenhair. Spreads freely when happy. Hardy outdoor maidenhair. Spreads freely when happy. raddianum 'Tragrantissimum' is a variety with dark green fronds. Alsophila australis Australian tree fern Also sold as Cyathea cooperi. Not hardy here: will be badly damaged in a normal winter.

Asplenium

bulbiferum

nidu

	Mother fern
	Slightly tender; damaged most winters, killed in very cold ones. Soft green foliage is very pretty. Little fernlets that sprout on fronds can be rooted in sand or soil. Grown as house plant.
us	
	Bird's nest fern
	Very easy house plant. Hardy enough to be on a protected porch.

Athyrium

nipponicum'Pictum'Japanese painted fernVery hardy little accent fern grown for the colorful foliage which changes color as it ages.

Blechnum

spicant

Deer fern

North coast native fern. Can grow in deep shade.

Cyrtomium

falcatum

Very tough plant. Most people don't think it's a fern. Normal garden watering is fine. Can take a fair amount of sun. Frost tolerant. Bold textured foliage. Weird bumps on the back are the sporangia. 'Rochfordianum' is a selected form tht stays more compact.

Davallia

trichomanoides

Squirrel's foot fern

Grown as house plant. Needs frost protection here.

Dicksonia

antarctica

Tasmanian tree fern The hardiest tree fern. Only one recommended here.

Doodia

media

Rasp or Hacksaw fern

Cute little accent fern. Not fussy. New fronds tinged pink. Being reclassified as Blechnum, so it will change to Blechnum medium.

Dryopteris

erythrosora

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Autumn fern
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Easy rosette-forming fern that makes a nice dark accent. Cold hardy. New fronds in spring are warm, "autumn" colors.

Microlepia

strigosa

Lace fern

Attractive little fern to about 2 x 2 feet. A little tender, but rarely killed by cold.

Nephrolepis

cordifolia

Southern Sword Fern Very vigorous spreading fern. Tough, drought tolerant, almost invasive.

exaltata

Southern sword fern N. cordifolia is similar. Foliage may be damaged by frost, but recovers.

ferns for Sacramento Valley gardens

Platycerium

bifurcatum

Staghorn fern

Fern with very odd growth habit of specialized fronds that wrap around whatever it's growing on. So plan ahead. Considered tender but sometimes overwinters in protected spot. Grown as houseplant.

Polystichum

munitum

Western sword fern Our native Western sword fern. Can get quite large, but usually about 3 to 4' across here. Can take some drought. Cold hardy.

setiferum

Soft shield fern Very divided fronds give a lacy effect. Cold hardy. Sometimes sold as English fern.

Pteris

species

Most species are somewhat frost tender. Great house plants.

Rumohra

adiantiformis

Leatherleaf fern

Same as Aspidium capense. Very tough fronds used in flower arrangements. Tolerate dry climate very well. Spreads slowly by rhizomes. Easy. Can be grown as house plant.

Woodwardia

fimbriata

x

Giant chain fern

Attractive upright grower to 3 - 4'. Will tolerate sun, somewhat dry conditions. One of the toughest ferns for our area.