Which citrus fruits will come true to type from seed?
Tom McClendon writes in Hardy Citrus for the South East:

"Most common citrus such as oranges, grapefruit, lemons and most mandarins are polyembryonic and will come true to type. Because most citrus have this trait, hybridization can be very difficult to achieve.... This unique characteristic allows amateurs to grow citrus from seed, something you can't do with, say, apples.” [12*]

Monoembryonic (don’t come true)
Meyer Lemon
Nagami Kumquat
Marumi Kumquat
Pummelos
Temple Tangor
Clementine Mandarin
Poncirus Trifoliata

Polyembryonic (come true)
Most Oranges
Changshou Kumquat
Meiwa Kumquat (mostly polyembryonic)
Most Satsumas and Tangerines
Most Lemons
Most Limes
Grapefruits
Tangelos

Highly monoembryonic citrus types:
Will produce zygotic monoembryonic seeds that will not come true to type.
Many “true Citrus species” such as
Citrus cavaleriei (C. ichangensis) Ichang papeda
Citrus glauca (Eremocitrus glauca) Australian desert lime
Citrus indica
Citrus japonica (Fortunella) most kumquats
Citrus maximoma pomelo (pummelo, Schaddock)
Citrus medica citron
And the citron hybrids:
Citrus × latifolia Persian lime (Tahiti lime, Bearss lime)
Citrus × bergamia Bergamot.

One true citrus species, mandarin Citrus reticulata, is highly variable. The following are monoembryonic:
Clementines (Marisol, Oronules, Loretina, Beatriz,
Clemepsons, Arrufatina, Esbal, Oroval, Clemenules,
Orogrande, Tomatera, Fina, Nour, Hernandina, Clementard.)
Ellendale
Encore
Fortune
Fremont (50% monoembryonic)
Temple
Ugli
Umatilla
Wilking

Highly polyembryonic citrus types: will mostly produce nucellar polyembryonic seeds that will grow true to type.
Citrus × aurantiifolia Mexican lime (Key lime, West Indian lime)
Citrus × insitorum (×Citroncirus webberii) Citranges, such as Rusk, Troyer etc.
Citrus × jambhiri ‘Rough lemon’, ‘Rangpur’ lime, ‘Otaheite’ lime
Citrus × limetitoides Palestine lime (Indian sweet lime)
Citrus × microcarpa ‘Calamondin’
Citrus × paradisi Grapefruit (Marsh, Star Ruby, Redblush, Chironja, Smooth flat Seville)
Citrus × sinensis Sweet oranges (Blonde, navel and blood oranges)

Citrus amblycarpa ‘Nasnaran’ mandarin
Citrus depressa ‘Shekwash’ mandarin
Citrus karna ‘Karna’, ‘Khatta’
Citrus kinokuni ‘Kishu mandarin’
Citrus lycopersicaeformis ‘Kokni’ or ‘Monkey mandarin’
Citrus macrophylla ‘Alemow’
Citrus reshnj ‘Cleopatra’ mandarin
Citrus sunki (Citrus reticulata var. australa) Sour mandarin
Citrus trifoliata (Poncirus trifoliata) Trifoliate orange

The following mandarin varieties are polyembryonic:
Dancy
Emperor
Empress
Fairchild
Kinnow
Mediterranean (Avana, Tardivo di Ciaculli)
Naartje
Nova (Clemenvilla)
Ortanique
Ponkan
Sampson
Satsumas (Hashimoto, Okitsu, Clausellina, Owari)
Willowleaf

The following lemon types are polyembryonic:
Fino (Primofoiri)
Verna (Berna)
Eureka
Lisbon
And a few more citrus types:
Marrakech limetta
Fukushu kumquat (Fortunella obovata)
Nanshôdaidai